

City of Calexico Recreation Department SUMMER 2017



707 Dool Avenue, Calexico, CA 92231 (760) 768 2176

KIDS/TEENS NIGHT OUT

Enjoy a night out and let us take care of your kids, knowing they will be in a safe and fun environment. We have activities to keep them entertained for 4 hours. Activities include: board games, indoor games, crafts and a movie to end the night. All movies are rated G or PG and a snack will be provided.

Please let staff know if your child has food allergies.

Time: 6:00-10:00 pm
Fee: \$5.00 per child
Instructor: Calexico Recreation Staff
Location: Calexico Community Center
 707 Dool Ave.
 Each session is limited to 30 participants

KIDS NIGHT OUT: AGES: 5-12 Years old
 Dates: June 24, July 22 and Aug. 12

TEEN NIGHT OUT: AGES: 13-17 Years old
 Dates: July 8 and Aug. 5

Ritmos Latinos Dance Class

Two left feet? No partner? It's Okay! Get a work out, socialize, & have fun.

Learn basic steps of: Salsa, Cumbia, Bachata, Cha Cha Cha, etc. *An evening to relax & enjoy dancing!*

Mondays - 7:00-8:30 pm Adults only
 Seniors Hall, 707 Dool Ave

Fee: \$15.00—7 classes June: 19—July 31
Instructor: Julia Contreras



Polynesian Dances

4-11 year olds
 Mon & Wed 7:00 -7:50 pm

Cultural Arts Center
 421 Heffernan Ave

Fee: \$ 30.00
Instructor: Laura A. Andrade
 June 26—August 9



Crafts Crafts Crafts

Teens & Adults Tuesdays 5-8 p.m. Seniors Center

Baby Shoe Bronzing - July 11 & 18 \$40.00
Embossing - July 25, August 1 \$30.00
 More workshops To Be Announced at later time
 Materials Included Instructor: Nellie Wong

Tai-Chi-Adults

7:00-7:50 a.m. Mon -Thurs
 7:00 -7:50 p.m. Mon—Wed

Community Center, 707 Dool Ave
 55 years of age & over—FREE
 54 & under—\$30.00

Instructor: Marcos Calderon
 Now through August 10



Cupcake-Cookie Decorating Class

Boys and Girls 7—14 year olds
 Session I—July 11-13 *cake*
 Session II—July 18-20 *cookies*
 Session III—July 25-27 *cupcakes*

2:00—3:30 pm Tues.-Thurs.
 Sr. Hall, 707 Dool Ave.

\$20.00 per Session,
 Includes material
 (must pay & reserve space in advance)
Instructor: Frances Rioseco



FREE LUNCH!

Available for children 0-18 years of age.
 Served M—F, from 11:30 am -12:30 pm



KARATE

Boys & Girls
6-16 yrs.
Tues & Thurs
5:00 –5:50 pm



Sr. Hall 707 Dool Ave.

Fee: \$ 30.00
Instructor: Carlos Valencia
June 20 - August 10

YOGA

Mon & Wed
8:00-9:00 pm
Community Center



Fee: \$ 30.00
55 years & over FREE
Instructor: Blanca Gutierrez

Now through July 26



Art TEENS Classes

13-17 yrs. Old
Mon & Wed 3:00-5:00 pm
-Sketching
-Pastels & more

Community Center
Fee: \$ 30.00 Material is included
Instructor: Edgar Meraz
June 19– July 5

Ballet

6–10 year olds
Tues & Thurs
5:00 – 5:45 pm



Community Center

Fee: \$ 30.00
Instructor: Cici Rendon
June 19– July 27

Cheerleading

5– 12 year olds
Mon & Wed
5:00 – 5:45 pm



Community Center

Fee: \$ 30.00
Instructor: Cici Rendon
June 19– July 27

Cupcake-Cookie Decorating Class Adults Class



Mondays
July 10 *cake*
July 17 *cookies*
July 24 *cupcakes*

2:00—3:30 pm Sr. Hall, 707 Dool Ave.
\$10.00 per class, Includes material
(must pay & reserve space in advance)

Instructor: Frances Rioseco

Aerobics

16 years and older
Mon - Thurs 6:00-
6:50 pm
Class is on going



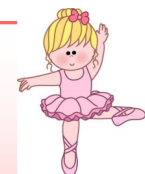
Sr. Hall, 707 Dool Ave.

Fee: \$30.00
55 years of age & over FREE

Instructor: Claudia Zamano

Pre-Ballet

4-5 year olds
Tues & Thurs
4:00 – 4:45 pm



Community Center

Fee: \$ 30.00
Instructor: Cici Rendon
June 19– July 27

HIP HOP

13-17 Years Old
Mon & Wed
4:00 - 4:45 pm



Community Center

NO FEE
Instructor: Cici Rendon
June 19– July 27

Youth Sewing

Boys & Girls 8-14 years old
Mon & Wed 5:00–6:30pm

Seniors Center, 707 Dool Ave.
Student provides own materials, we
will provide sewing machine.

NO FEE
Instructor:
Maria Curiel
June 19—August 9



Sewing DIY Space

Professional assistance available
for your sewing needs. You bring
your own materials, we will provide
the sewing machine & the expert help!

Teens & Adults
Mon & Wed 6:45–8:45 pm

Seniors Center,
707 Dool Ave.
NO FEE
Instructor: Maria Curiel





SPORTS PROGRAMS 2017

Fun Play Time

Boys & Girls Ages 3-6 yrs. old

Dates/Time: Mon.-Thurs. 9:30-11:30 a.m.
1st Session: July 3, 5, 6
2nd Session: July 10, 11, 12, 13
3rd Session: July 31, Aug. 1, 2, 3
4th Session: Aug. 7, 8, 9, 10

Boys & Girls Ages 7-12 yrs. old

Dates/Time: Mon.-Thurs. 9:30-11:30 a.m.
1st Session: June 19, 20, 21, 22
2nd Session: June 26, 27, 28, 29
3rd Session: July 17, 18, 19, 20
4th Session: July 24, 25, 26, 27

Fee: \$15.00 per session
Calexico Community Center, 707 Dool Ave.
Instructor: Jamie Ann Chew & Staff

OPEN GYM Program runs - June 1st through Aug. 10th, 2017
FREE PLAY! This drop in activity is designed for recreation players.

Location: De Anza Jr. High Tesada Gym, 824 Blair Ave.
Instructor: Jamie Ann Chew & Staff

PRESCHOOL OPEN GYM BOYS & GIRLS 2-6 Yrs. Old
Saturdays & Sundays 12:00 - 12:45 p.m. Admission: \$1:00

YOUTH BASKETBALL OPEN GYM BOYS & GIRLS 7-12 Yrs.
Mondays 6:00-7:45 pm & Saturdays 1:00-2:45 Admission: \$1.00

TEEN BASKETBALL OPEN GYM BOYS & GIRLS 13-17 Yrs.
Wednesdays 6:00-7:45 pm & Sundays 1:00-2:45 pm Admission: \$1.00

Me & All Sports



Boys & Girls Ages 3-5 yrs. old

Dates/Time: Mon. -
Thurs. 1:30-2:50 p.m.
1st Session: June 19-June 29
2nd Session: July 17-July 27

Fee: \$20.00 per session
Community Center, 707 Dool Ave.
Instructor: Jamie Ann Chew & Staff

ADULT BASKETBALL OPEN GYM 18 yrs. & older
Sundays 6:00-8:00 pm & Mondays 8:00-10:00 pm Admission:\$2:00

ADULT BASKETBALL OPEN GYM 30 yrs. & older
Thursdays 8:00-10:00 pm Admission : \$2:00

WOMENS BASKETBALL OPEN GYM 18 yrs. & older
Thursdays 8:00-10:00 pm Admission : \$2:00

WHEELCHAIR BASKETBALL OPEN GYM 18 yrs. & older
Thursdays 8:00-10:00 pm Admission : \$2:00

ADULT VOLLEYBALL OPEN GYM 18 yrs. & older
Tuesdays & Wednesdays 8:00-10:00 pm Admission: \$2.00

DODGE BALL Boys & Girls 7-12 yrs. old
Tues. & Thurs. 6:00-7:30 p.m. Admission: \$1.00

Fitness For the FUN of It

Boys & Girls Ages 3.-6 yrs old
Dates/Time: Mon. - Thurs. 1:30-2:50 p.m.
1st Session: July 3-July 13
2nd Session: July 31 - Aug. 10

Fee: \$20.00 per session
Community Center, 707 Dool Ave.
Instructor: Jamie Ann Chew & Staff





City of Calexico Recreation Department Summer 2017



BASKETBALL CLINICS

Boys & Girls Ages 4-14 yrs. old

Dates/Time: Sat. & Sun.

4-8 year olds 9:00-10:00 a.m.

9-14 year olds 10:00-11:00 a.m.

1st Session: May 13, 14, 20, 21

2nd Session: May 27, 28, June 3, 4

3rd Session: June 17, 18, July 1, 2

4th Session: July 8, 9, 15, 16

5th Session: July 22, 23, 29, 30

Fee: \$20.00 per session

Calexico Community Center, 707 Dool Ave.

Instructor: Jamie Ann Chew & Staff

ZUMBA for ALL

7 yrs & over (youth must be accompanied by an adult)



6:00 –6:50 pm Mon– Thurs -Sr. Hall

7:00– 7:50 pm Tues– Thurs -Com. Cent.

NO FEE

Instructors: Ericka and Denise
Now through August 10

YUG-DO

Wed 8:00-9:00 pm

Thurs 7:00-8:00 pm

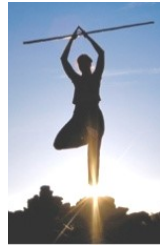
Community Center

Fee: \$ 30.00

55 yrs. Old & over FREE

Instructor: Blanca Gutierrez

June 21- July 27



SOCCER CLINICS for Girls

Ages: 5-7 years old

Dates/Time: Tues. & Thurs. 6:30-7:30 p.m.

June 27-Aug. 3 (6 week session)

Fee: \$20.00

Location: Crummett Park

Instructor: Jamie Ann Chew & Staff

SOCCER CLINICS for Boys

Ages: 5-7 years old

Dates/Time: Mon. & Wed. 6:30-7:30 p.m.

June 26-Aug. 2 (6 week session)

Fee: \$20.00

Location: Crummett Park

Coach: Jamie Ann Chew & Staff



Karaoke-Noches

Bohemias

6-10 p.m.

Fridays— June 23, July 7,

August 4

Admission: FREE



Family Nights at the Pool 6-9 p.m.

Tuesdays—

June 27, July 11 & 25 August 8

Please note: REFUNDS ARE NOT AVAILABLE ONCE THE CLASS HAS STARTED.
PLEASE BE SURE TO CHECK THE DATES BEFORE REGISTERING.

SENIOR HEALTH & WELLNESS PROGRAMS*

55 YRS. & OVER

All Senior Programs

All senior programs are free of charge to Calexico residents ONLY!!!

SENIOR AEROBICS Strengthen the heart; improve overall fitness, better mental attitude.
 Mon.-Thurs 8:15 am & 6:00 p.m.
 55 Yrs. & over FREE
 54 & under \$30.00
 Instructor: Claudia Zamano
 Now through August 3



Christmas in July
 Join us to do Christmas Crafts

June 28—July 26
 Mon. & Wed. 9:00 am -Noon
 Senior Center, 707 Dool Ave.



ARTS & CRAFTS

A class for all levels beginners welcome, supplies are provided.

Mon. & Wed. 9:00 am—Noon
 Senior Center, 707 Dool Ave.
 55 Yrs. & over ONLY — FREE!
 Now through July 27



Play BINGO a game of luck with numbers, bring own cards & dauber or we will provide.

Tues. & Thurs. 9:00 am –Noon
 Seniors Center, 707 Dool Ave.
 Seniors Only. Now through July 27

BINGO				
12	18	41	47	61
7	26	39	54	70
4	27	FREE 47th SPACE	49	63
5	23	35	58	73
3	30	32	52	75

CROCHET CLUB If you enjoy crocheting or you would like to learn, then this is a club for you. Learn to make blankets, scarves, hats, and shawls. Experts and beginners welcome.

Thursdays –5:30-7:30 pm
 Seniors Center, 707 Dool Ave.
 FREE to persons 55 yrs. & over.
 54 yrs. & under \$5.00 per month



Tai-Chi-Adults

7:00-7:50 a.m. Mon –Thurs
 7:00 –7:50 p.m. Mon—Wed

Community Center, 707 Dool Ave
 55 years of age & over—FREE
 54 & under—\$30.00

Instructor: Marcos Calderon
 Now through August 3



Meditation for Wellbeing

Inspiring Luis Flores leads this motivational group.

Mondays, Seniors Hall 707 Dool Ave
 8:50-9:45 p.m. FREE Now through August 7

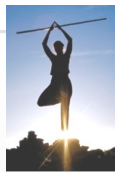
YUG-DO

Wed 8:00-9:00 pm
 Thurs 7:00-8:00 pm

Community Center

Fee: \$ 30.00
 55 yrs. Old & over FREE
 Instructor: Blanca Gutierrez

June 21- July 27



HEFFERNAN MEMORIAL
 HEALTHCARE DISTRICT

* The Senior Health and Wellness Program is partially funded by a grant from the Heffernan Memorial Healthcare District.

Programs at Senior Sites

SITE	Aerobics	Arts & Crafts
Villa De Flores	T&Th - 9:15 am	Tues—1:00-3:00 pm
Alex Rivera	T&Th— 10:00	
Quintero Apts.	M&W—9:15	